

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 7 (Warmup 8.00 - 8.50)

Event 309 Women 16-17 800 LC Meter Freestyle (HDW)				
Name	Age	Team	Finals Time	
1 Gordon, Freya	17	HSMS	9:08.56	
	30.22	33.72	34.31	34.12
	34.53	34.69	35.10	34.41
	35.42	34.77	34.85	34.86
	34.74	34.78	34.81	33.23
2 Thomas, Serenity	16	SGPY	9:45.00	
	32.62	35.34	36.65	37.02
	37.31	36.99	37.16	37.28
	36.99	36.94	37.12	36.78
	37.40	37.20	36.72	35.48
3 Griffiths, Cerys	16	PCPY	9:48.30	
	33.27	36.58	36.97	36.38
	36.87	37.23	37.33	37.47
	37.15	37.13	37.53	37.03
	37.32	37.26	36.49	36.29
4 Ling, Olivia	16	COCY	9:53.41	
	33.31	35.64	36.62	36.69
	36.97	36.91	37.34	37.14
	37.52	37.67	37.98	38.12
	38.37	38.21	38.25	36.67
5 Richards, Faith	16	COCY	10:06.07	
	33.02	36.60	36.94	38.46
	37.98	38.51	38.76	38.89
	38.41	39.12	38.71	38.79
	38.36	38.95	37.90	36.67
6 Coles, Mya	16	NWMY	10:09.01	
	33.60	37.20	37.41	37.96
	38.18	38.49	38.78	38.95
	37.90	38.53	38.59	39.03
	38.95	38.87	38.65	37.92
7 Thompson, Freya	16	PCPY	10:23.65	
	33.59	37.68	38.81	39.55
	39.11	39.37	39.15	39.79
	39.38	39.52	39.51	39.78
	39.89	39.98	39.71	38.83

4 Humphreys, Holly	18	NEAY	9:47.20	
	32.31	35.63	36.73	37.24
	37.26	36.92	37.07	37.10
	37.15	37.38	37.19	37.53
	37.50	37.03	37.01	36.15
5 Cumner, Megan	19	SUNY	9:50.38	
	31.54	34.58	35.75	35.92
	36.32	36.78	36.89	37.11
	37.48	37.99	38.45	38.56
	38.26	38.75	38.60	37.40
--- Cust, Ciara	19	SCPY	DNF	

## Event 309 Women 18 &amp; Over 800 LC Meter Freestyle (HDW)

Name	Age	Team	Finals Time	
1 Toms, Emily	20	SUNY	9:19.39	
	31.42	33.67	34.41	34.59
	35.05	35.08	35.26	35.21
	35.53	35.51	35.67	35.98
	36.36	35.94	35.48	34.23
2 Johnson, Charlotte	23	SUNY	9:20.92	
	32.13	34.28	34.57	34.44
	34.68	35.10	35.37	35.24
	35.52	35.54	35.85	35.95
	36.01	35.78	35.93	34.53
3 Dacey, Mollie	18	COCY	9:46.63	
	31.76	35.22	36.03	36.60
	36.24	36.83	36.92	37.68
	36.87	37.83	37.44	38.31
	37.40	38.04	37.70	35.76